

KS 4 Home-Learning Challenges

	Home support		
	Supported	Some Support	Independent
Example			
I can chop a tomato	10/09/2019	12/01/2020	02/05/2020
Money and Time			
I can pay at a shop using money			
I can check that my change is correct			
I can pay at a shop using a debit card			
I can buy items online			
I can tell the time on a digital clock			
I can tell the time on an analog clock			
I can use time to plan my day			
I can use a TV guide to plan what to watch.			
Communication and Information			
I can use my phone to send someone a message			
I can send an email message to a friend			
I can make a phone call			
I can listen to a story			
I can answer questions about a story			
I can retell a story			
I can make up my own story			
I can use a book to find information			
I can use the internet to find information			
I can do a piece of writing using a computer or tablet			
I can check my writing using a spellchecker			
Self - Help			
I can take a bath/shower			
I can wash my hair			
I can dry myself			
I can use a hairdryer			
I can brush my teeth			
I can make a sandwich			
I can make a cup of tea/coffee			
I can peel a vegetable			
I can chop up ingredients			
I can weigh ingredients correctly			
I can follow a simple recipe cooking instructions			
I can pick the right ingredients follow a recipe			
I can clean up the worktops			
I can wash up the dishes			
I can pack and unpack the dishwasher			
I can get dressed			
I can tie my shoelaces			
I can sort my clothes ready for washing			
I can use a washing machine			
I can use a tumble dryer			
I can hang up my cloths to dry			

I can fold up my clothes			
I can pack my own clothes away			
I can pack other peoples clothes away			
Getting around			
I can visit a friend			
I can walk to a friends house			
I can use a bus			
I can go to the park			
I can go to town			
Animal care			
I can feed my pet			
I can clean my pet or pet cage			
I can play with my pet			
I can give my pet enough exercise			
Garden			
I can sweep up the leaves			
I can weed the garden			
I can put the weeds in the green bin			
I can cut the grass			
I can trip back the hedges			
Exercise			
I can play with a ball			
I can go for a relaxing walk			
I can do 10 sit-ups a day			
I can do 10 push-ups a day			
I can do 20 Start jumps a day			
Arts and Crafts			
I can practise threading beads onto string, or wire, or pipe cleaners. Can I make it into something?			
I can create a pattern, using twigs, leaves, or stones, then take a photograph			
I can create a pattern using lines, dots and zig-zags			
I can create a pattern using thick lines and thin lines			
I can use finger paints to create a picture			
I can cut straight lines and wavy lines out of a sheet of paper and then glue them onto another sheet to create a pattern			