

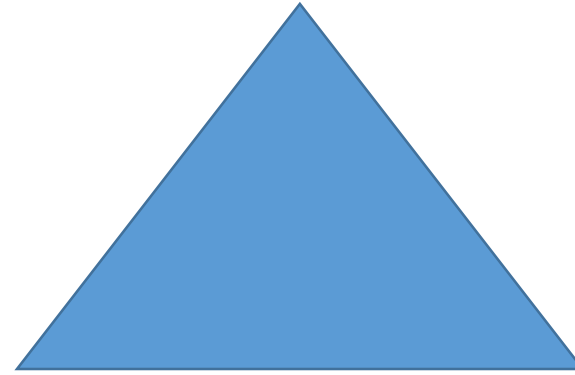
# Health and Social Care

## Health Needs

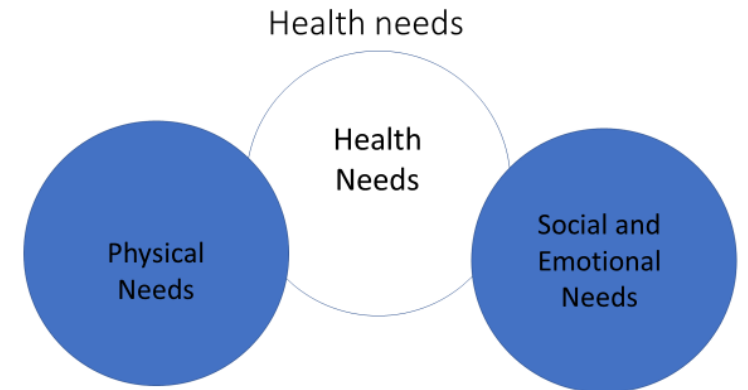


# Think about what you have been learning in school

- Do you remember 'Maslow'?



- Do you remember looking at Health needs?

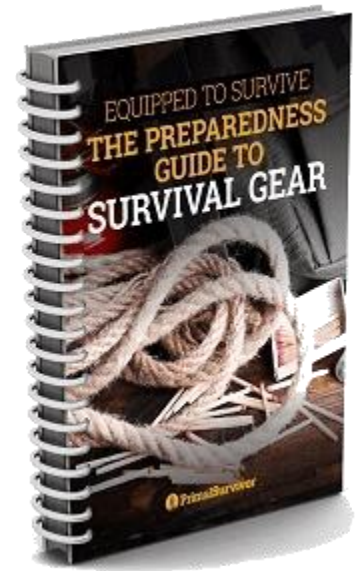


# Task: Create a poster about your health needs

- Think about what you need at your age
- Think about your physical health needs and your social and emotional needs
- Put all of this on your poster
- Make your poster look colourful and presentable.

# Physical health needs

- In your poster think about what you need:
- Food and water
- How do you get warmth and keep yourself warm?
- What kind of shelter do you have?
- How do you keep yourself safe? In your home and online



# Social and Emotional needs

- In your poster include;
- All the different emotions you might experience at your age
- Also what do you do to meet your social needs? Do you go to any clubs, activities

