

**CAMHS Crisis Assessment and Treatment Team (C-CATT)
A&E Diversion Guidance**

Planning on sending a young person to A&E for mental health concerns?

Is there a physical health need?

Yes

Only send a young person to the local A&E if they require physical health treatment for overdose or self-harm (that cannot be treated in the community.)

No

Do not send young people to A&E because of thoughts of self-harm or suicide unless they urgently require a place of safety.
For young people presenting with no physical health treatment need, see below.



Call Single Point of Access (SPA) on 0800 6444 101

A SPA Clinician will screen the call using guidance provided by C-CATT. The caller will be advised that the family will receive a call back within an hour. Depending on the level of need determined; this will be either from a C-CATT Clinician to complete a telephone assessment or to arrange to see the young person face to face, or, if the young person is deemed not to require a response from a Crisis Clinician, the family will receive a call back from the SPA Clinician to inform them of what support can be offered (e.g. referral to an alternative mental health service.)

This service (including CAMHS crisis support) is now available 24/7