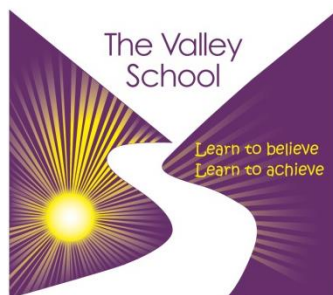


Headteacher:
David Pearce



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16th November 2022

Dear Parents and Carers,

Relationships and Sex Education (RSE)

As a part of your child's education at The Valley School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme.

PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

We are writing to let you know that, during the Spring term, your child's class will be taking part in lessons which will focus on the Relationships and Sex Education (RSE) aspect of this programme.

Topics may include: *Strong feelings, Romantic feelings and Sexual attraction, Puberty, Friendships, Healthy/Unhealthy relationships, Intimate relationships, Consent, Contraception, Long term relationships and Parenthood.*

Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.



Please visit the school's website: <https://thevalley.herts.sch.uk/> for more information about our PSHE curriculum.

As a school community, we are committed to working in partnership with parents and therefore ask you to complete the attached questionnaire by clicking on the link below.

Please complete by Wednesday 23rd November.

https://docs.google.com/forms/d/1GMZmS-uoRFXmNXFoNpuf1qDB3EhfjkFTiiig_VxDok/edit

Yours sincerely,

Linsey Ashley and Melanie Grundelingsh

PSHE coordinators - The Valley School